

Seasons, Wild & Free

THOUGHT FOR FOOD

A *NEW* brand of *convenience with a conscience* for time poor foodies, feeding family and friends.

Seasons, Wild and Free offer daily delicious meals using *local, free range* and *organic* meat, *wild* and *sustainable fish* and *local fruit and veg* suppliers to deliver fresh + frozen meals (in *fully compostable* and *recyclable packaging*) made with thought and love, just as you would if only you had the time!

Bespoke Location Shoot Menu – Harrods Magazine.

04.05.17

Open Sandwiches

Smoked aubergine mayo, charred aubergine,
orange-infused oil, toasted buckwheat and roasted walnuts.

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Chicken in wasabi and lime dressing with avocado, cucumber and mint.

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Creamy olive tapenade, prosciutto and rocket.

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Whipped goats curd, roasted beetroot, blackberries, honey and thyme.

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Wealden Smokery hot smoked salmon, lemon mayonnaise and rocket.

SALADS

Fennel roasted carrots with lemon, tahini yoghurt and seeds.

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Roasted Beetroot with balsamic, garlic, maple syrup dressing, leaves and seeds.

PUDDING

Chocolate, blackberry brownie with blueberry and blackberry compote and rose scented cream.

CHEESE

Beautiful local artisan cheeses from Kent and Sussex served with speciality biscuits, fruit and nuts.

Burwash Rose

Semi soft cheese made from grass fed, free range raw cow's milk. Washed in English rose water from Wadhurst. Goes well with walnuts.

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Mayfield Swiss

Semi soft cheese with a creamy nutty flavour in a Swiss style. Handmade at from The Creamery using pasteurised cow's milk.

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Brighton Blue

Hand-made, slightly open, semi soft blue cheese. Mellow in flavour. A vegetarian cheese from Tremain's Farm in Brighton. This family of artisan cheesemakers have won several awards over the years. Goes well with dried fruits.

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Sussex Camembert

Award winning traditional camembert style cheese with white edible rind, beautifully mild and earthy in flavour.

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Kelly's Goat

Award winning unpasteurised hard, cheddar style goat's cheese from Cheesemakers of Canterbury. Goes well with dried fruits and honey.

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Mayfield Cheddar

Beautiful soft and tangy, cow's milk cheddar cheese, award winning and goes well with chilli jam.

(menu priced to order)