

# Seasons, Wild & Free

THOUGHT FOR FOOD

## SAMPLE LOCATION PICNIC MENU

This menu is intended as a mix and match option depending on taste and appetite, it allows you to pick a wide selection of food for a large group with a variety and palates and can be worked into any budget. Please call or email if you would like any guidance on what to put together.

### SALAD BOXES

Smoked salmon with lemon and dill crème fraiche

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Pesto chicken or salmon with avocado and leaves

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Tuna Niçoise with eggs, new potatoes, capers and french beans

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Beetroot with walnuts, goats cheese with a garlic, maple dressing

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Bacon, lettuce, avocado and tomato with new potatoes and french dressing

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Roasted cauliflower with Moroccan spices, pomegranate, almonds, mint and tahini yoghurt

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### SANDWICHES

Organic Eggs Mayonnaise

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Bacon Lettuce, Avocado and Tomato

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Organic Coronation Chicken

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Tuna Crunch with celery, and peppers

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Ham with wholegrain mustard mayonnaise

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## PASTRIES AND PIES

Pork and fennel sausage rolls

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Cheese and bacon Slice

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Pear and stilton slice

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Mushroom and gruyère slice

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Scotch egg

## DIPS

Hummus

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beetroot hummus

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pea and mint

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aubergine and walnut

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red pepper

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creamy olive tapenade

Served with bread and crudité selection

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## DESSERTS

Chocolate brownie with blueberry and vanilla -scented cream

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Lemon meringue tart

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Lemon and raspberry tart

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Fruit tart with cream and strawberry and shortbread topping

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Meringue with fruit compote and vanilla cream

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Seasonal frangipane tarts

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CAKES (can be ordered whole for dessert or afternoon tea)

Victoria sponge, Coffee and walnut, Carrot cake, Lemon and poppy seed, Apple cake with maple syrup cream cheese frosting, chocolate cake

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## CHEESE

Selection of local cheese such as :

Brie, Camembert, Goat log, Beauvale, Kentish Blue, Sussex Charmer, Mayfield, Burwash Rose

All served with artisan breads and crackers, fruits, and fruit pastes and chutney