Seasons, Wild & Free

THOUGHT FOR FOOD

Breakfast Menu

Cold options £10/person, cold option with additional hot breakfast roll £15/person

A selection of Sussex Kitchen organic pastries

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Chia pots with vanilla and maple syrup

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Overnight oats:

Banana, peanut butter and honey

Vanilla and berry

Maple and walnut

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Yoghurt, granola & fruit compote

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Breakfast baps:

Bacon and egg
Sausage and egg
Mushroom and egg
Mushroom, avocado and tomato (vegan)

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Scandinavian breakfast: a platter of cold meat and cheese selection